



PTO. 62-64

Wednesdays in Advent

# Advent Pause

Hoping with Intention in a Troubled World

Zion Lutheran Church

As a people of God, we share Christ's love, grow in faith, and serve others.

## INVOCATION

In the name of the triune God in whose presence we wait,  
the Holy Parent, fulfilling the promise,  
the Holy Child, waiting to be born,  
the Holy Spirit, illumining our way.  
**Amen.**

## OPENING DIALOGUE

### Week 1:

In the hustle and bustle, in the kitchens and malls,  
**it is hard to feel still.**

Our to-do lists are long;  
**it is hard to be present.**

We are called to stillness;  
**we long to be still.**

What can you let go of, that you might rest?

**What can we not do, that we might be present with Christ?**

### Week 2:

In the rush of the seasons,  
**we forget to look up.**

Stars sparkle in the sky;  
**we do not pause to see.**

Weighed down by life's troubles,  
**we lose the wonder of this season.**

How do we reclaim wonder and awe  
**as we wait for Christ's coming?**

## SONG

**Week of Advent 1:** Come and Fill Our Hearts

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**Week of Advent 2:** You are Holy

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## READINGS

**Week of Advent 1:** Psalm 46, Luke 10:38-42

**Week of Advent 2:** Job 37:14-24, Matthew 8:23-27

*After the reading, the leader and congregation will respond by saying:*

The word of the Lord.

**Thanks be to God.**

# HOMILY

## HYMN

**Week of Advent 1:** Day by Day

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**Week of Advent 2:** For the Beauty of the Earth

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## PRAYER

### Week 1:

Ever-present God, in this time when busy-ness is exalted and it seems there is so much to do, keep our focus on you. May we let go of those things that add stress or distract us so that we may sit in your splendor, even for a moment, and be present to that which gives us life. In the name of your Son, Jesus, for whom we wait expectantly.

**Amen.**

That we are able to let go of things we do not need to carry and be present as we wait for Christ's return,

**we pray to you, O God.**

That we are freed to both give and receive during this Advent season,

**we pray to you, O God**

That we see holiness in the small things,

**we pray to you, O God.**

That through the stresses of this season we may live in and live out your love and grace.

**we pray to you, O God.**

We lift up our prayers to you, O Lord.

**Amen.**

### Week 2:

Wondrous God, cultivate in us a sense of awe and curiosity. Inspire us by your work in this world and in our lives. In the name of your Son, Jesus, for whom we wait expectantly.

**Amen.**

That we see the world through the eyes of a child, in wonder, awe, and hope,

**we pray to you, O God.**

That we find inspiration and joy everywhere we look,

**we pray to you, O God.**

That we marvel in your creation, around and within us,

**we pray to you, O God,**

We lift up our prayers to you, O Lord.

**Amen.**

## **LORD'S PRAYER**

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

## **BLESSING**

### **Week 1:**

God, whose presence grants you stillness, Christ, whose peace helps you wait, Holy Spirit, whose fire illumines your way, bless and keep you always.

**Amen.**

### **Week 2:**

God, whose creation fills you with wonder, Christ, whose love fills you with awe, the Holy Spirit, whose power inspires you, bless and keep you always.

**Amen.**

## **SONG**

**Week of Advent 1:** He Came Down

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**Week of Advent 2:** Beautiful Savior

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## **DISMISSAL**

Go in peace.

Week 1: Be present with Christ.

Week 2: Be filled with wonder.

**Thanks be to God.**

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# Come and Fill Our Hearts

## *Confitemini Domino*

*Con - fi - te - mi - ni Do - mi - no quo - ni - am bo - nus.*  
Come and fill our hearts with your peace. You a-lone, O Lord, are ho - ly.

*Con - fi - te - mi - ni Do - mi - no. Al - le - lu - ia!*  
Come and fill our hearts with your peace. Al - le - lu - ia!

Text: Psalm 136:1 (Latin); Taizé Community

Music: CONFITEMINI DOMINO, Jacques Berthier, 1923–1994

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# You Are Holy

## *Du är helig*

1 \*



*Du är he - lig, du är hel. Du är all - tid myck-et mer*  
 You are ho - ly, you are whole. You are al - ways ev - er more



*än vi nån - sin kan för - stå, du är nå - ra än - då.*  
 than we ev - er un - der - stand. You are al - ways at hand.



*Väl - sig - nad va - re du som kom - mer hit just nu,*  
 Bless - ed are you com - ing near. Bless - ed are you com - ing here



*väl - sig - na - de vår jord, blir till bröd på vår jord.*  
 to your church in wine and bread, raised from soil, raised from dead.

2



*Du är he - lig, du är hel - het,*  
 You are ho - ly, you are whole - ness,



*du är när - het he - la kos - mos lo - var dig!*  
 you are pres - ent. Let the cos - mos praise you, Lord!



*Ho - si - an - na, ho - si - an - na,*  
 Sing ho - san - na in the high - est!



*ho - si - an - na, ho - si - an - na vår Gud.*  
 Sing ho - san - na! Sing ho - san - na to our God!

\* May be sung in canon.

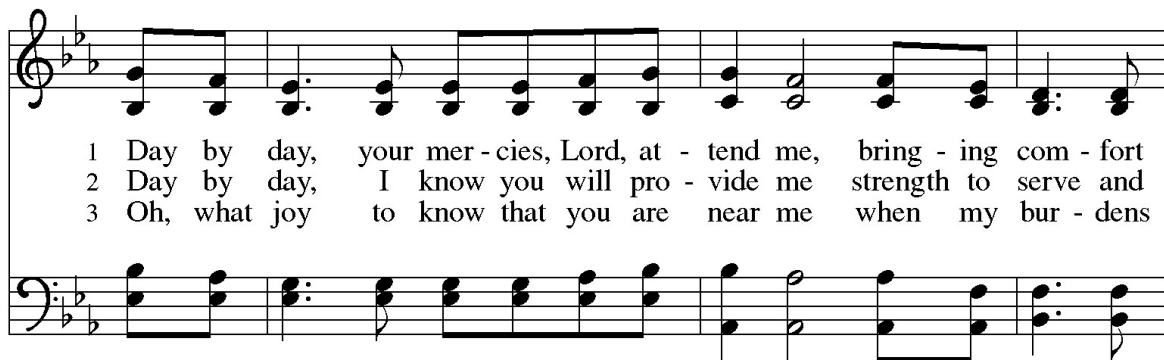
Text: Per Harling, b. 1945

Music: DU ÄR HELIG, Per Harling

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# Day by Day



1 Day by day, your mer - cies, Lord, at - tend me, bring - ing com - fort  
2 Day by day, I know you will pro - vide me strength to serve and  
3 Oh, what joy to know that you are near me when my bur - dens



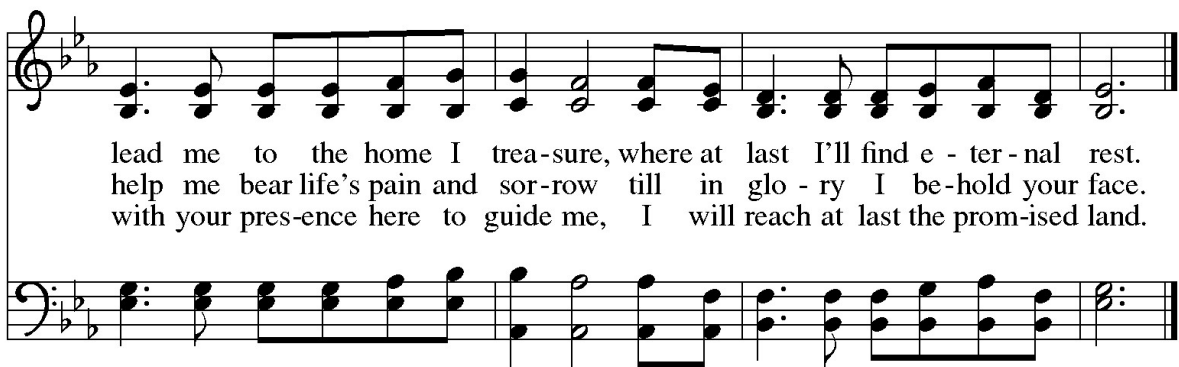
to my anx-ious soul. Day by day, the bless-ings, Lord, you send me  
wis - dom to o - bey; I will seek your lov - ing will to guide me  
grow too great to bear; oh, what joy to know that you will hear me



draw me near - er to my heav'n-ly goal. Love di - vine, be - yond all  
o'er the paths I strug - gle day by day. I will fear no e - vil  
when I come, O Lord, to you in prayer. Day by day, no mat - ter



mor - tal mea - sure, brings to naught the bur - dens of my quest; Sav - ior,  
 of the mor - row, I will trust in your en - dur - ing grace. Sav - ior,  
 what be - tide me, you will hold me ev - er in your hand. Sav - ior,



lead me to the home I trea - sure, where at last I'll find e - ter - nal rest.  
 help me bear life's pain and sor - row till in glo - ry I be - hold your face.  
 with your pres - ence here to guide me, I will reach at last the prom - ised land.

Text: Carolina Sandell Berg, 1832–1903; tr. Robert Leaf, 1936–2005

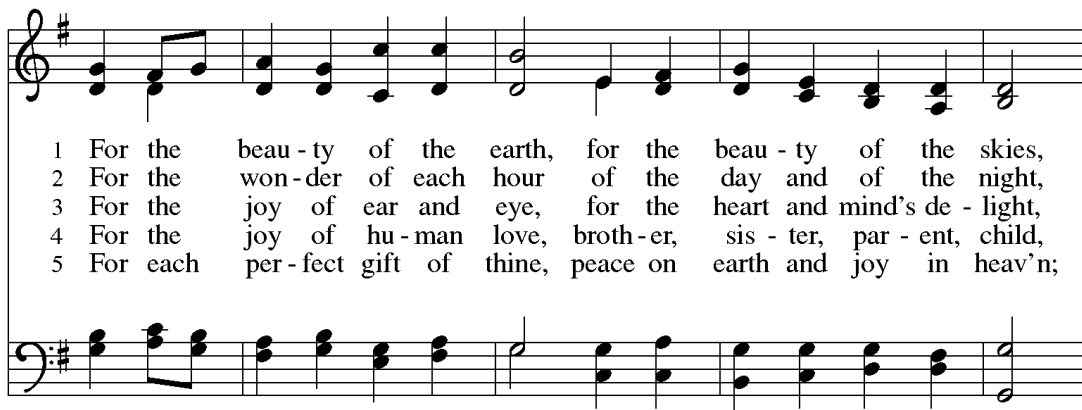
Music: BLOTT EN DAG, Öskar Ahnfelt, 1813–1882

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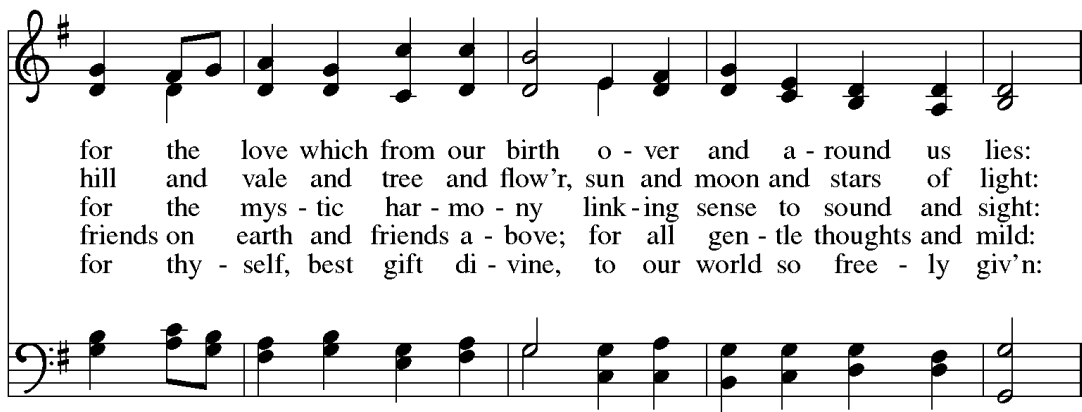
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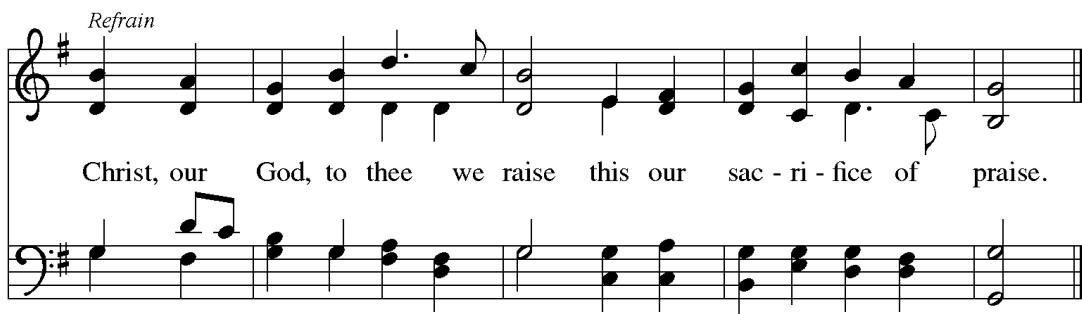
# For the Beauty of the Earth



1 For the beau - ty of the earth, for the beau - ty of the skies,  
2 For the won - der of each hour of the day and of the night,  
3 For the joy of ear and eye, for the heart and mind's de - light,  
4 For the joy of hu - man love, broth - er, sis - ter, par - ent, child,  
5 For each per - fect gift of thine, peace on earth and joy in heav'n;



for the love which from our birth o - ver and a - round us lies:  
hill and vale and tree and flow'r, sun and moon and stars of light:  
for the mys - tic har - mo - ny link - ing sense to sound and sight:  
friends on earth and friends a - bove; for all gen - tle thoughts and mild:  
for thy - self, best gift di - vine, to our world so free - ly giv'n:



*Refrain*  
Christ, our God, to thee we raise this our sac - ri - fice of praise.

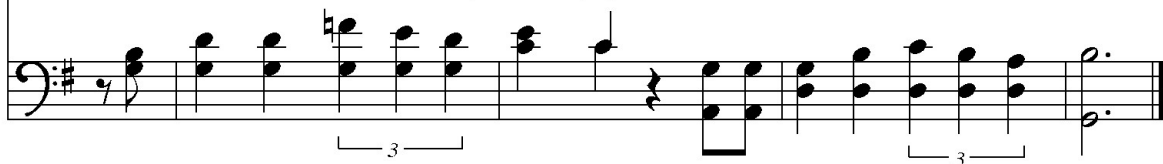
# He Came Down



- 1 He came down that we may have love; he came down that we may have love;  
 2 He came down that we may have light; he came down that we may have light;  
 3 He came down that we may have peace; he came down that we may have peace;  
 4 He came down that we may have joy; he came down that we may have joy;



he came down that we may have love;  
 he came down that we may have light;  
 he came down that we may have peace; hal-le - lu - jah for-ev - er - more.  
 he came down that we may have joy;



Text: Cameroon traditional

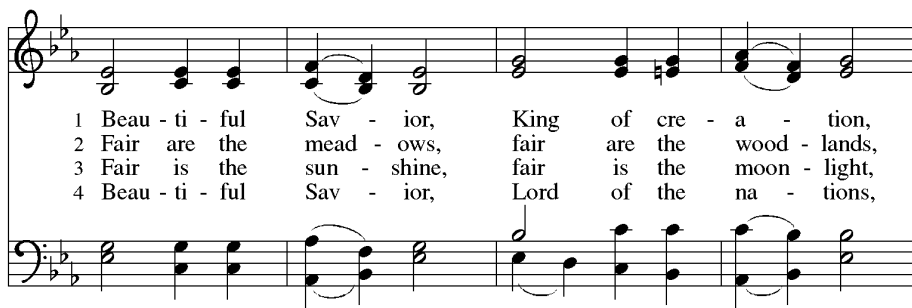
Music: HE CAME DOWN, Cameroon traditional; arr. John L. Bell, b. 1949

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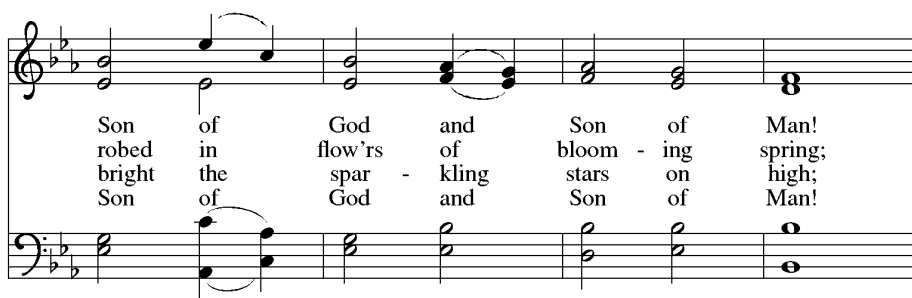
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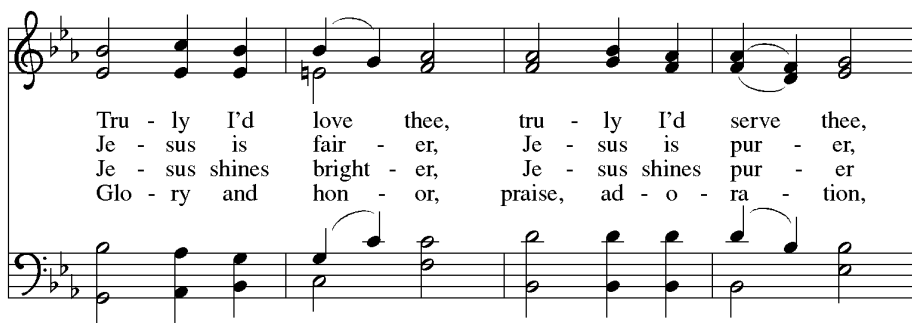
# Beautiful Savior



1 Beau - ti - ful Sav - ior, King of cre - a - tion,  
 2 Fair are the mead - ows, fair are the wood - lands,  
 3 Fair is the sun - shine, fair is the moon - light,  
 4 Beau - ti - ful Sav - ior, Lord of the na - tions,



Son of God and Son of Man!  
 robed in flow'rs of bloom - ing spring;  
 bright the spar - kling stars on high;  
 Son of God and Son of Man!



Tru - ly I'd love thee, tru - ly I'd serve thee,  
 Je - sus is fair - er, Je - sus is pur - er,  
 Je - sus shines bright - er, Je - sus shines pur - er  
 Glo - ry and hon - or, praise, ad - o - ra - tion,



light of my soul, my joy, my crown.  
 he makes our sor - rowing spir - it sing.  
 than all the an - gels in the sky.  
 now and for - ev - er - more the be thine!

# Weekly Focus Questions:

## **Week 1: Do Less**

*What can you let go of or erase from your to-do list in order to be more present with Christ this Advent?*

## **Week 2: Experience Wonder**

*How can we experience wonder for God's works and be fed by wonder in the midst of this busy season?*

## **Week 3: Hold on to Hope**

*How can we hold on to hope in the midst of the world's troubles?*